

# Bringing More Diversity into the Music Classroom: Music from cultures of the Delaware Valley:

J. Bryan Burton

Professor and Chair of Music Education

[jburt3@wcupa.edu](mailto:jburt3@wcupa.edu)

West Chester University

West Chester PA USA

Ann L. McFarland

Associate Professor of Music Education (Retired)

West Chester University

Early Childhood Music Teacher

Key West Florida.

**LOUISIANA MUSIC EDUCATORS ASSOCIATION**

**STATE IN-SERVICE CONFERENCE**

**BATON ROUGE, LOUISIANA**

**NOVEMBER 20, 2015**

The Delaware River begins in upstate New York and wanders down to the Atlantic Ocean serving as boundary between Pennsylvania and New Jersey, then New Jersey and Delaware. Home to over 100 ethnic groups from the original Native Peoples to waves of immigrants entering the United States through Philadelphia, the modern Delaware River Valley is the fourth largest metropolitan area in the U.S. This session presents the music of only a few of the peoples in the Delaware River Valley .

# O Hal-lwe

Nanticoke honor song--southern Delaware USA



The Nanticoke Nation is located on the shores of Delaware Bay, the outlet of the Delaware River into the Atlantic Ocean. The Nanticoke were among the first Native Americans to encounter the Dutch and Swedish explorers arriving in the area in the early 17<sup>th</sup> Century

“O Hal-lwe” is a women’s honoring dance in which the men of the village perform to honor the women for their traditional roles as keeps and teachers of traditions. Women of all ages, from as many generations as possible, perform this dance symbolizing the continuity of Nanticoke tradition. As a male soloist sings, Women dance in a large clockwise circle taking one step to the beat, slightly bouncing on the toes on the half beat. When the group sings (double bar), the dancers rotate in a tiny individual circular returning to face forward when the soloist resumes singing.



Score

# Sma Grodorna



Swedish Midsummer Song

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105 106 107 108 109 110 111 112 113 114 115 116 117 118 119 120 121 122 123 124 125 126 127 128 129 130 131 132 133 134 135 136 137 138 139 140 141 142 143 144 145 146 147 148 149 150 151 152 153 154 155 156 157 158 159 160 161 162 163 164 165 166 167 168 169 170 171 172 173 174 175 176 177 178 179 180 181 182 183 184 185 186 187 188 189 190 191 192 193 194 195 196 197 198 199 200 201 202 203 204 205 206 207 208 209 210 211 212 213 214 215 216 217 218 219 220 221 222 223 224 225 226 227 228 229 230 231 232 233 234 235 236 237 238 239 240 241 242 243 244 245 246 247 248 249 250 251 252 253 254 255 256 257 258 259 260 261 262 263 264 265 266 267 268 269 270 271 272 273 274 275 276 277 278 279 280 281 282 283 284 285 286 287 288 289 290 291 292 293 294 295 296 297 298 299 300 301 302 303 304 305 306 307 308 309 310 311 312 313 314 315 316 317 318 319 320 321 322 323 324 325 326 327 328 329 330 331 332 333 334 335 336 337 338 339 340 341 342 343 344 345 346 347 348 349 350 351 352 353 354 355 356 357 358 359 360 361 362 363 364 365 366 367 368 369 370 371 372 373 374 375 376 377 378 379 380 381 382 383 384 385 386 387 388 389 390 391 392 393 394 395 396 397 398 399 400 401 402 403 404 405 406 407 408 409 410 411 412 413 414 415 416 417 418 419 420 421 422 423 424 425 426 427 428 429 430 431 432 433 434 435 436 437 438 439 440 441 442 443 444 445 446 447 448 449 450 451 452 453 454 455 456 457 458 459 460 461 462 463 464 465 466 467 468 469 470 471 472 473 474 475 476 477 478 479 480 481 482 483 484 485 486 487 488 489 490 491 492 493 494 495 496 497 498 499 500 501 502 503 504 505 506 507 508 509 510 511 512 513 514 515 516 517 518 519 520 521 522 523 524 525 526 527 528 529 530 531 532 533 534 535 536 537 538 539 540 541 542 543 544 545 546 547 548 549 550 551 552 553 554 555 556 557 558 559 560 561 562 563 564 565 566 567 568 569 570 571 572 573 574 575 576 577 578 579 580 581 582 583 584 585 586 587 588 589 590 591 592 593 594 595 596 597 598 599 600 601 602 603 604 605 606 607 608 609 610 611 612 613 614 615 616 617 618 619 620 621 622 623 624 625 626 627 628 629 630 631 632 633 634 635 636 637 638 639 640 641 642 643 644 645 646 647 648 649 650 651 652 653 654 655 656 657 658 659 660 661 662 663 664 665 666 667 668 669 670 671 672 673 674 675 676 677 678 679 680 681 682 683 684 685 686 687 688 689 690 691 692 693 694 695 696 697 698 699 700 701 702 703 704 705 706 707 708 709 710 711 712 713 714 715 716 717 718 719 720 721 722 723 724 725 726 727 728 729 730 731 732 733 734 735 736 737 738 739 740 741 742 743 744 745 746 747 748 749 750 751 752 753 754 755 756 757 758 759 760 761 762 763 764 765 766 767 768 769 770 771 772 773 774 775 776 777 778 779 780 781 782 783 784 785 786 787 788 789 790 791 792 793 794 795 796 797 798 799 800 801 802 803 804 805 806 807 808 809 810 811 812 813 814 815 816 817 818 819 820 821 822 823 824 825 826 827 828 829 830 831 832 833 834 835 836 837 838 839 840 841 842 843 844 845 846 847 848 849 850 851 852 853 854 855 856 857 858 859 860 861 862 863 864 865 866 867 868 869 870 871 872 873 874 875 876 877 878 879 880 881 882 883 884 885 886 887 888 889 890 891 892 893 894 895 896 897 898 899 900 901 902 903 904 905 906 907 908 909 910 911 912 913 914 915 916 917 918 919 920 921 922 923 924 925 926 927 928 929 930 931 932 933 934 935 936 937 938 939 940 941 942 943 944 945 946 947 948 949 950 951 952 953 954 955 956 957 958 959 960 961 962 963 964 965 966 967 968 969 970 971 972 973 974 975 976 977 978 979 980 981 982 983 984 985 986 987 988 989 990 991 992 993 994 995 996 997 998 999 1000

Sma gro - dor - no sma gro - dor - na ar lus - ti - ga att se, sma

6 gro - dor - na sma gro - dor - na ar lus - ti - ga att se. ej o - ron ej

11 o - ron ej svan - sar ha - va de ej o - ron ej o - ron ej

16 svan - sor ha - va de. kou ack ack ack kou ack ack ack kou ack ack ack

21 kaa kou ack ack ack kou ack ack ack kou ack ack ack kaa



Puerto Rican immigrants have settled in Chester and Lancaster Counties in the western Delaware Valley. Beginning as agricultural workers, they have now moved into all facets of the economy. Students of Hispanic heritage are now the majority population in the Lancaster City Schools.

The following Puerto Rican children song was shared by the Almodovar family in Lancaster County. Gloria & Pedro Almodovar were born in Puerto Rico in the 1950s moving to the U.S. in the 1970s. “Figui, Fiqui, Fiqui” is a baby bouncing song possibly derived from African sources.

# Fiqui Fiqui

Fi - qui fi - qui fi - qui\_\_\_ Fi - qui fi - qui fi - qui\_\_\_ e

3  
Fi - qui fi - qui fi - qui\_\_\_ Fi - qui fi - qui fi - qui\_\_\_

## TEACHING:

1. Discuss Latino cultural connections on SE Pennsylvania
2. Sing “Fiqui Fiqui”
3. Add baby bouncing activities
4. Discuss possibly African origins
5. If time, add basic African polyrhythm to song

During the Last half of the twentieth century, there was a large influx of immigrants from the former Soviet Union as well as from the former “Soviet block” nations of eastern Europe into the Delaware Valley. A number of students from Russia, Ukraine, and Romania have been music education majors at West Chester University and have shared their traditional songs and dances including the lively “Troika”



This is one possible set of directions

- Position: Sets of three facing counterclockwise in a circle: e.g. sets of three arranged like the spokes of a wheel. All hands joined at shoulder height.
- Starting with the right foot, take 8 straight-legged running steps forward.
- Repeat with 8 running steps backward.
- Retaining joined hands, The right-hand person runs in front of the center person and through the arch made by the center and left hand person. The center person follows the right hand person, unwinding and all get back to their original positions. The left-hand person runs in place during this movement.
- Repeat the above movement, this time with the left-hand person going through the arch formed by the center and right hand persons.
- Join all hands together in circles of three dancers. Circle left with 12 running (or grapevine) steps. On measure 12, finish up with three steps in place.
- Repeat running circle in the other direction. Instead of finishing with three steps, break circle between the left-hand and right hand person. Center person runs forward to join 2 new partners.
- Repeat dance steps from the beginning.



## La Macchina del capo

La mac - chi - na del ca - po ha\_un

bu - co nel - la gom - ma La mac - chi - na del

ca - po ha\_un bu - co nel - la gom - ma La

mac - chi - na del ca - po ha\_un bu - co nel - la

gom - ma Ri - pa - ria - mo ri - pa - ria - mo - la col

chew - ing gum!

Italian contributions to the Delaware Valley culture are legion beginning in the 19<sup>th</sup> Century as they came to work the coal mines to the present day.

**“La macchina del Capo” is a humorous singing game song about repairing a flat tire with chewing gum. Adding to the humor of using chewing gum to fix a flat is that the car belongs to a very important person.** The singing game involves omitting specific words with each repetition of the song and substituting a pantomime action to show the omitted word. Sometimes the game extends to having students who make mistakes drop out from the singing until only a few continue to sing the song.

LA MACCHINA DEL CAPO HA-UN BUCCO NELLA GOMMA.

LA MACCHINA DEL CAPO HA-UN BUCCO NELLA GOMMA.

LA MACCHINA DEL CAPO HA-UN BUCCO NELLA GOMMA.

RIPARIAMO, RIPARIAMOLA COL CHEWING GUM.

Teaching:

1. Discuss Italian cultural connections in Delaware Valley
2. Learn to sing "La Macchina del Capo"
3. Explain activity—omitting nouns. In each repetition, one more noun is omitted.
4. Add motions mimicking noun
5. Encourage students to select individual motions

# Milomou kokkino (My Red Apple)





“Milo mou kokkino” is a Kalamationos Greek dance from Kalamata on the southwest shores of the Peloponnes with variants found in Macedonia, Bulgaria, Albania, and the Former Yugoslav Republic of Macedonia. The meter is 3+2+2.

The dance steps on the following slide are the Peloponnes version.

#### Teaching:

1. Tap the meter
  - a. long short short
  - b. 1-2 -3 1-2 1-2
  - c. 1-2-3 4-5 6-7
2. Listen: listen to the recording while tapping. Note that there is an introduction and interludes in the recording.
3. Perform: Learn to play melody on recorder (replacing souravli)
4. Perform: Add drone accompaniment on balagma or bouzouki
5. Perform: rhythm accompaniment on dumbek on 1-2-3-4-5-6-7 with accents on 1-4-6
6. Perform: rhythm accompaniment on Rikk (tambourine) on 1-4-6
7. Move: learn kalamationos dance
8. Listen: Listen to recording of Macedonian version of “My Red Apple”, then discuss similarities and differences in the versions.

Move in CCW circle



R	L	R	L	R	L
---	---	---	---	---	---

Face center

R	L	R	L	R	L
---	---	---	---	---	---

step      cross step      step      cross step