

“E” Words for Educators by Pat Deaville July 15, 2018.

How does a school system improve? These E-words provide food for thought. Consider only a few of these on any given day.

“Embrace” each day with a sense of wonderment and positive spirit. Your attitude is your superpower.

“Engage” the world through action. Avoid stagnation. Do whatever is needed to insure forward motion.

“Establish” who you are by committing to a set of core beliefs. This will serve as your center of balance through good days and tough times.

Your *“ethics”* are evidenced by “doing the right things in the right ways.” Adhere to a code of conduct built on moral strength.

Keep a small list of *“essential”* things in your heart and mind. Use that list to create your daily priorities.

Without abandoning your core beliefs, constantly *“evolve.”* Be a life-long learner, while adapting and adjusting to the changing environment.

“Experiment” outside your normal pattern of activity. Be open to gathering additional information and trying new methods.

Your *“expectations”* are defined by the goals and standards you set for yourself. You excel by setting higher expectations than those around you.

“Extend” yourself beyond ordinary duties and responsibilities. You will only reach your full potential by taking “extra” steps on a regular basis.

There is no substitute for *“experience.”* Fulfillment of your potential is greatly dependent on the accumulation of many real-life and job-specific experiences.

Aim for “*excellence*” to propel yourself beyond common goals and general competence. Make aspiration and competition a part of your daily life.

Develop “*expertise*” by focusing on the acquisition of key knowledge and critical skills. Make the mastery of vital processes and applications a career goal.

Strive to become “*elite*.” Work towards being the very best at something. Target at least one thing that strongly aligns with your priorities and talents.

“*Energy*” is your multiplier of thought, action, and productivity. Use it to promote a sense of positivity within yourself and for those around you.

Put “*enthusiasm*” in your daily living. It supercharges your intellectual, creative, and physical activities, while uplifting those around you.

“*Enjoying*” what you do is critical in maintaining your physical health and emotional well-being. This is equally true for adults and children.

The “*expression*” of your thoughts, insights, and experiences should be done in a wide variety of ways. Develop communication skills beyond the spoken word.

“*Empathy*” is an essential element within social intelligence and leadership. Use similar or shared experiences to assist in understanding how others feel.

“*Everyone*” in your world will be impacted by what you say and do. Strive to bring out the best in everyone you meet.

Always remember that “*education*” is the composite of what is taught and learned in academic settings, on-the-job, and in the classroom of life.